

TWO OF A KIND

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INSTRUCTION GUIDE FOR SINGLE USE DAILY DISPOSABLE CONTACT LENS

INTENDED USE AND INDICATIONS

Two Of A Kind Contact Lenses are a soft contact lens indicated for daily wear for vision correction of refractive ametropia in aphakic or non-aphakic persons with non-diseased eyes that are myopic or hyperopic. The lens may be prescribed in spherical powers ranging from +20.00D to -17.00D. The lens may be worn by persons who exhibit refractive astigmatism of 2.00 diopters or less where the astigmatism does not interfere with visual acuity.

Two Of A Kind Contact Lenses are intended for single-use disposable daily wear. Two Of A Kind Contact Lens is not intended to be disinfected and should be discarded after use.

CONTRAINDICATIONS

You should not wear contact lenses if you have eye inflammation or infection, any eye injury or disease, dry eyes, reduced corneal sensitivity, redness, irritation, any allergy that may be triggered by contact lenses, or any diagnosed condition that makes wearing contact lenses uncomfortable or inadvisable. If in doubt, please seek the advice of your eyecare practitioner.

STORAGE OF LENSES

Always store your lenses in a cool, dry place.

PREPARING THE LENS FOR WEARING

1. Always wash your hands thoroughly with a mild soap, rinse completely, and dry with a lint-free towel before touching your lenses.
2. Avoid the use of soaps containing cold cream, lotion, or oily cosmetics before handling your lenses.
3. Handle your lenses with your fingertips, and be careful to avoid touching with fingernails. It is helpful to keep your fingernails short and smooth.

HANDLING THE LENSES

1. Before use, ensure that the lens storage case is intact, and not damaged or leaking, and that the expiration date has not passed.
2. Remove the lens from its storage case and examine it to be sure that it is moist, clean, clear, and free of any nicks or tears. If the lens appears damaged, do not use it.
3. Verify that the lens is not turned inside out by placing it on your forefinger and checking its profile.

PLACING THE LENS ON THE EYES

1. Before putting the contact lenses on, it is important that you have been taught and know how to remove the contact lenses, or that there is someone around who is able to assist you to do so.
2. Ensure that the lens you are about to insert is the correct lens for the eye into which it will be inserted.
3. Place the lens on the tip of your forefinger. **BE SURE THE LENS IS CORRECTLY ORIENTED.**
4. Place the middle finger of the same hand close to your lower eyelashes and pull down on the lower lid.
5. Use the forefinger or middle finger of the other hand to lift the upper lid.
6. Place the lens on the eye.
7. Gently release the lids and blink. The lens will center automatically.

REMOVING THE LENS

1. Wash, rinse, and dry your hands thoroughly.
2. Look up, slide the lens to the lower part of the eye using the forefinger.
3. Gently pinch the lens between the thumb and forefinger.
4. Remove the lens.

PRECAUTIONS & WARNINGS

1. Carefully follow the contact lens wearing and replacement instructions recommended by your eye care practitioner, and see your eyecare practitioner as directed.
2. Problems with contact lenses can lead to serious injury to the eye, and eye problems such as corneal ulcers can develop rapidly and lead to loss of vision.
3. If your eyes experience discomfort, become red or irritated, tear excessively, or you experience any pain or loss of vision, remove your lenses immediately and consult your eye care practitioner.
4. Replace damaged, contaminated or scratched lenses immediately.
5. **DO NOT** use your lenses for water sports unless watertight goggles are worn. If your contact lenses have been submerged in water, they should be discarded and replaced with a new pair.
6. **DO NOT** sleep with your lenses on. Two Of A Kind Contact Lenses are not indicated for overnight wear, and clinical studies have shown that the risk of serious adverse reactions is increased when lenses are worn overnight.
7. **DO NOT** wear the lenses when using eye drops.
8. Although Two Of A Kind Contact Lenses offer significant protection from the sun's ultraviolet rays, if you are spending time outdoors under direct sunlight, you are strongly advised to combine the use of UV blocking contact lenses with UV blocking sunglasses and/or a wide-brimmed hat. Contact lenses can only cover the portion of your eye directly underneath them, and do not offer protection to the rest of the eye which can also be negatively impacted by harmful ultraviolet rays.
9. Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.
10. Two Of A Kind Contact Lenses are designed to be single-use and should be discarded after removal. **DO NOT** re-use.

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